

## FAQ regarding Fit India School Week

**Q1:** Is any advance registration required by users viewing the launch of Fit India Week on 25th Nov?

**Ans:** No advance registration is required for viewing the launch of Fit India Week on 25th Nov. Anybody can watch the live event at fit India YouTube channel on 25<sup>th</sup> November at 11:00 AM. Below is the link to watch.

[https://www.youtube.com/channel/UCQtxCmXhApXDBfV59\\_JNagA](https://www.youtube.com/channel/UCQtxCmXhApXDBfV59_JNagA)

**Q2:** Kindly convey detailed guidelines about Fit India week to be launched from December.

Is event to be organised online for Fit India Week?

**Ans:** Fit India School week can be organised virtually where schools are not open and classes are going online. Also for the school that are open, Fit India school week can be organised physically by maintaining social distancing norms. Proposed activities for Fit India School week are attached as annexure. Fit India School week starts from 1st Dec and continues till 31st Dec. School week is to be celebrated by the school for 4-6 days starting 1<sup>st</sup> December 2020. Registrations for school week begins from 25th November 2020.



Annexure-2.pdf

**Detailed Guidelines for Fit India School Week are as follows:**

1. Schools should register themselves on <https://fitindia.gov.in/fit-india-school-week> and upload photos and video link related to the event
2. School should celebrate Fit India School Week either virtually or on ground (Physically) for 4 to 6 days starting 1<sup>st</sup> December 2020.
3. All registered schools to upload 2 photos and 1 video link of Fit India School Week on Fit India portal.
4. All registered schools may download E-Certificate for the school as well as for the students from Fit India Portal after celebrating Fit India School Week and uploading the details.

5. Schools are also encouraged to share/post activities conducted on their social media channels with **#NewIndiaFitIndia** and tag **@FitIndiaOff**

**Q3:** Who can participate in Fit India school week- Only students or teachers or parents or other officials or anybody?

**Ans:** Fit India School week is for School staff, teachers, students and parents. Schools may think of innovative ideas to include school teachers and parents in fitness activities.

**Q4:** How registration for Fit India week can be done online since in order to get E-Certificate it will be necessary?

**Ans:** Steps to register for Fit India School Week:

- 1: Please visit Fit India Website [www.fitindia.gov.in](http://www.fitindia.gov.in)
- 2: Click on events that says Fit India School Week-2020
- 3: Click on Register as an organiser
- 4: Register yourself as a school and login if already registered
- 5: Once logged in, organise an event (celebrate Fit India school week) under the category Fit India School Week-2020
- 6: Submit the details of the event and add the name of the participants to get the E-Certificates for Fit India School week.

To get E-Certificate, you have to follow the above steps.

**Q5:** How photographs regarding Fit India week can be uploaded? How will the students get E- Certificates?

**Ans:** 2 Photos and 1 video link can be added on the Fit India Website once you organise fit India school week. Please tag photos and videos of fit India School Week on social media platforms of the school student, parents and the staff with **#NewIndiaFitIndia** and **@fitindiaoff**

For Downloading E-certificates for the students, parents and staff the registered school may add the name of the participants.

**Q6:** How States can know how many have registered for the event? If it is online, its count can be tracked easily with the help of Software/ Portal.

**Ans:** The data for the particular state will be available at the Nodal Officer's backend profile